

## **Dr. Alvy's Regular Speaking Topics on Parenting and Child Development**

### General Parenting Topics and Issues:

Each of these presentations addresses either an enduring problem regarding raising children and making this a better world for children, or a problem or topic that is of current interest because of some recent newsworthy event.

- To Spank or Not?
- Preventing Child Abuse
- Parents, Drugs and Kids
- Violence: The Solution Starts at Home
- Preventing Delinquency and Gang Involvement
- Helping Children Cope with Terrorism
- Raising Teenagers
- Involved Parents: The Key to Academic Success
- Careers and Kids: Balancing Work and Family Responsibilities
- Building Your Child's Self-Esteem
- Successful Grandparenting
- Spending Time with Your Family
- Reconnecting with Your Adult Children
- Cultural Pride and Parenting
- The Job and Joys of Parenting

### Parenting Skills and Strategies:

Each of these presentations teaches audiences about the importance of specific parenting skills or parenting strategies, and how to apply them in their own homes with their own children.

- The Effective Praise Method
- Encouragement
- Affirmations
- Positive I-Messages
- Mild Social Disapproval
- Ignoring
- Time Out
- Confrontive I-Messages
- Natural and Logical Consequences
- Contracting with Children
- Defining Who Has the Problem
- No Lose Problem Solving
- Family Rule Guidelines
- The Thinking Parent's Approach
- Special Incentive Systems

## Family Councils

### Understanding Child Development:

Each of these presentations educates audiences about a crucial facet of child development so that their understanding of children will be broadened and enhanced.

#### Stages of Development

#### Areas of Development

Physical Development – Movement

Cognitive Development – Thinking and Learning

Communication Development – Expressive and Receptive Language

Sensory Development – Vision, Hearing, Taste, Touch

Social and Emotional Development – Relating to Self and Others

Self-Care Development – Daily Living Skills

#### How Children Learn

Modeling

Reward and Punishment

Intrinsic Motivation

### Typical Parenting Issues and Problems:

Each of these presentations deals with a common child rearing challenge or problem, and provides practical and effective methods for managing and for preventing them.

Spoiling

Whining

Tantrums

Disobedience

Talking Back

Dawdling

Making Friends

Sibling Rivalry

Grooming

Shyness

Homework

Cleaning Up

Chores

Fighting/Arguing

Interrupting

Clothing

Television

Bedwetting

Sleep Problems

Toilet Training

Not Communicating

Moodiness

Smart-Talk

Intolerance

Hair Styles

Computers

### Children with Special Needs:

These presentations cover the causes and treatment of various childhood disabilities and other special needs, as well as issues that must be addressed in order to be most effective in helping children with special needs and their families.

Autism Spectrum Disorders  
Learning Disabilities  
Mental Retardation  
Hearing Impairments  
ADHD/ADD  
Down Syndrome  
Importance of Early Identification and  
Early Intervention  
Speech and Language Problems

Visual Impairments  
Emotional Disturbance  
Orthopedic Problems  
Deaf/Blindness  
Cerebral Palsy  
National Partnership Campaign to Find  
and Help Young Children with Special  
Needs